

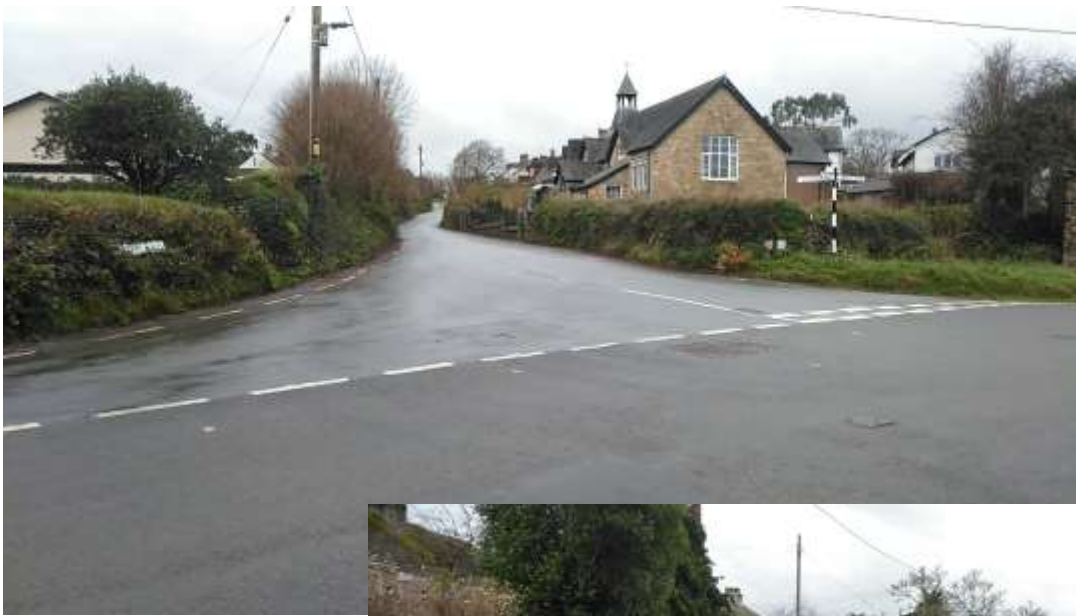


TAMAR TAVY TRAINS and TRACKS

A circular walk around Bere Ferrers

The walk starts by the quay at Bere Ferrers just down from the Old Plough Inn. Its just under 7 miles and should take you about three and a half hours. There is a bit of road walking but it is mostly on footpaths and bridleways. Start by walking up through the village passing the pub on your left.





Turn left when you reach the village hall and go all the way to the top of the road....



... and when you reach the sharp right hand bend fork left.



Under the railway bridge and straight on....

... to follow The Tamar Valley Discovery Trail a track that can be a little muddy especially in the winter.





Follow the tractor tracks and fence line all the way to the bottom of the hill...

...and then turn right to walk along the bottom edge of the field with the fence/hedge on your left.



Turn left when you reach this opening ...

...go over the stile and into the field behind.





To go along a boardwalk and then through a gate....



...and another gateand another boardwalk



When you reach Liphill Quay go around the wall.

Then as you leave the yard turn immediately left to go through the pedestrian gate .



**Over the stile
and follow the
path along the
bottom edge
of the field.**



**At the end of the
path go over the
bridge and turn
left and walk up
the road for
250m.**



**Turn right and walk up this unmade road for
just over 1km. The first half is quite steep.**





When you reach the cross roads turn right and walk along the road for 500m passing a house on your right.

Turn right when you reach a footpath crossing the road and go past a cottage.



Go over a railway bridge (a good place to pause for a drink and snack) then through a gate and turn right up to a field corner.



**Go through the metal gate
in the field corner...**

**...and walk up through
2 fields with the hedge
on your left.**



**Go over the stile next
to the caravan**

**...and past all the
farm buildings on
your right.**





On reaching this footpath signpost turn right into the field ...

...and angle away from the hedge on your right...



..to arrive at this gateway.

Then go across the field towards the arrow



In the corner of the field go through the pedestrian gate and



...then on up the edge of the next field.





Through a gate and between two tall hedges.....



... out on to a private drive passing some stables ...

..and on reaching the road junction turn left to walk up the road but only for 120m.





Turn right to walk up through Well Farm following the way markers.

Turn right just past the open fronted barn and keep following the way markers.



Go straight across the field keeping to the left of the pole to reach a gate .



Having gone through the gate you are at the start of a 2km woodland walk through Hole Wood. Its all well signposted.





Walk on down to the valley floor passing some magnificent tall trees



Keep the brook on your left at all times..



..even when the main track crosses it.





**When you reach
the house in the
woods..**

**...go through
the gate..**



**...and turn right
when you reach
the road.**

**As the road goes up
hill fork left to keep
the brook on your
left.**





When you reach the River Tavy fork right up the narrow path and then along the foreshore which can be flooded on a very high tide and back to your car or the pub.



If the foreshore is under water on a very high tide then all you can do is to retrace your steps to the road and go around. Or wait half an hour.