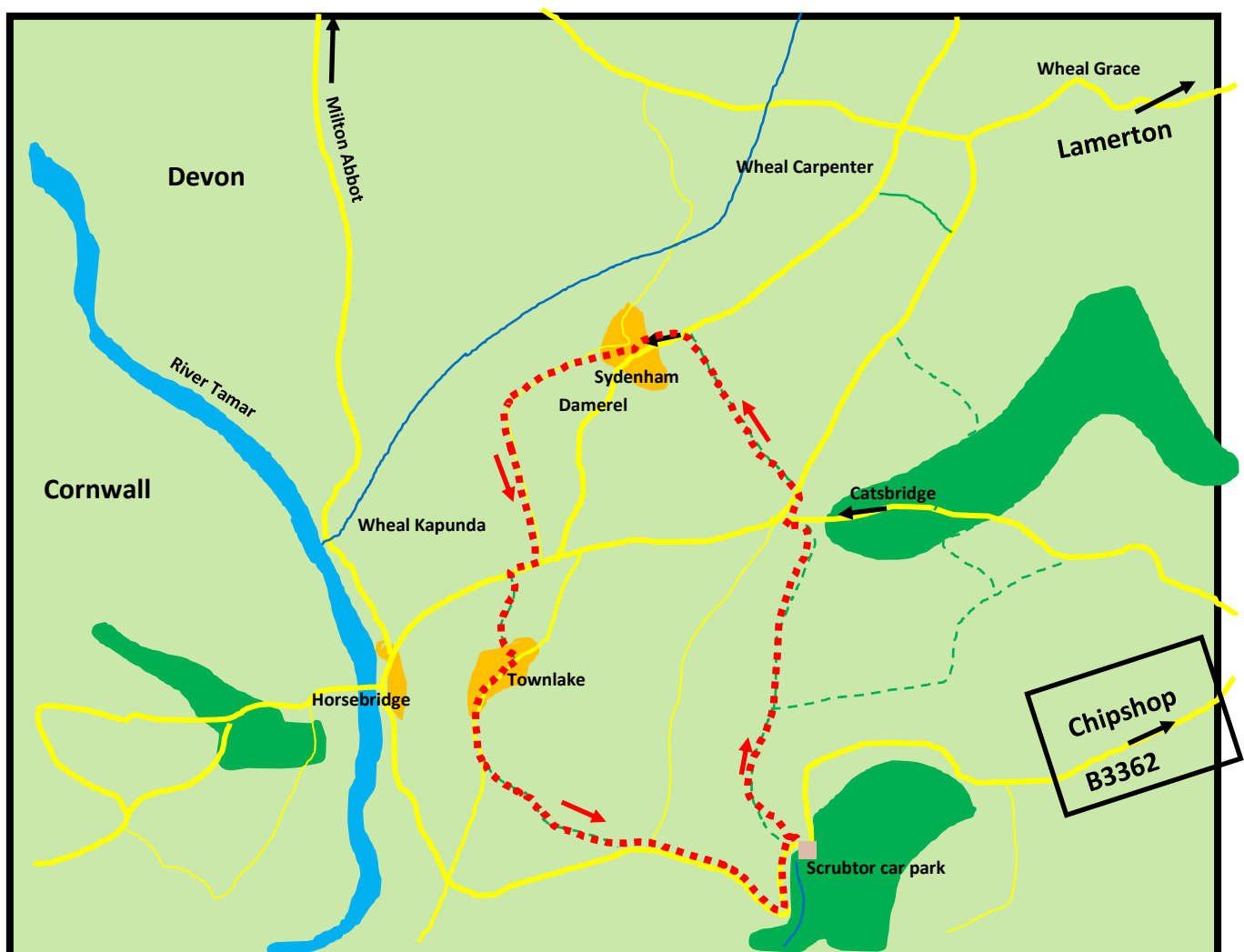


Walk 9 Sydenham Damerel a Short walk



On this 3.8 mile walk you will go through Sydenham Damerel, one of the most northerly parishes in the National Landscape area. It is described by the Parish Council as a small rural parish on the east bank of the river Tamar and this is very much a rural walk. Close to the route and only a short walk down to the river you will find Horsebridge a 15th century bridge and only the second crossing of the Tamar between here and the Tamar Bridge at Plymouth.





The walk starts at the little Scrubtor car park PL19 8PE, SX414743 that primarily provides access to the north end of the Tamar Trails however our walk goes in the opposite direction.

Walk back out of the car park turn left and go down hill and over a small bridge



A few meters past the bridge turn right into the drive to Lower Brimble Brook. If you have a dog, and if you haven't already done so, please put it on a lead now.



Follow the way marked path around the top of the farm.



A couple of hundred meters past the farm buildings you will arrive at this footpath T junction. Ignore it and carry on going for another 500m



You will reach this gate leading into a field. Go through the gate and turn right and follow the edge of the field until you reach another gate.



Go through the gate turn right and follow the party of people in the photo who are walking along the road.



Just a short distance along the road turn left to walk down a farm track



When the farm track bends left go straight ahead and stay close to the hedge on your right. Then keep straight on to go through a gate and onto the road.



Turn left and walk into Sydenham Damerel



On reaching the village fork right at the bend to walk down a narrow tarmac road that leads to Sydenham Mill. (Note the millstone in the road)

On reaching the gate that leads into the Mill turn left and leave the tarmac road to walk up a track that can be a bit muddy. When you reach the road turn right.



Walk on down towards Horsebridge but in about 70m turn left up some steps that lead into a field.

Go across the field to the corner of a hedge and then with the hedge on your right walk down to a house.

Do not go past the house instead turn left to go around the back of the house and out along their drive towards the road that runs through the little hamlet of Townlake.





When you reach the road turn right and walk all the way through Townlake passing all the houses.

When you reach the second gateway after leaving Townlake fork left along a wide signposted footpath and then a little further along go through a gate into a field.

With the field edge on your left go all the way around the field to the other side ...



...where you will find an opening through the hedge bank on the left and a metal gate.

On a clear day there really are some splendid views from this footpath.

The footpath then goes across the field and not around it. To keep to the correct route you need to aim for a house in the woods that is just visible through the trees.

On the other side of the field go through the gate drop down to the road and turn left. Stay on the road and Scrub tor car park is about 15mins away.

