

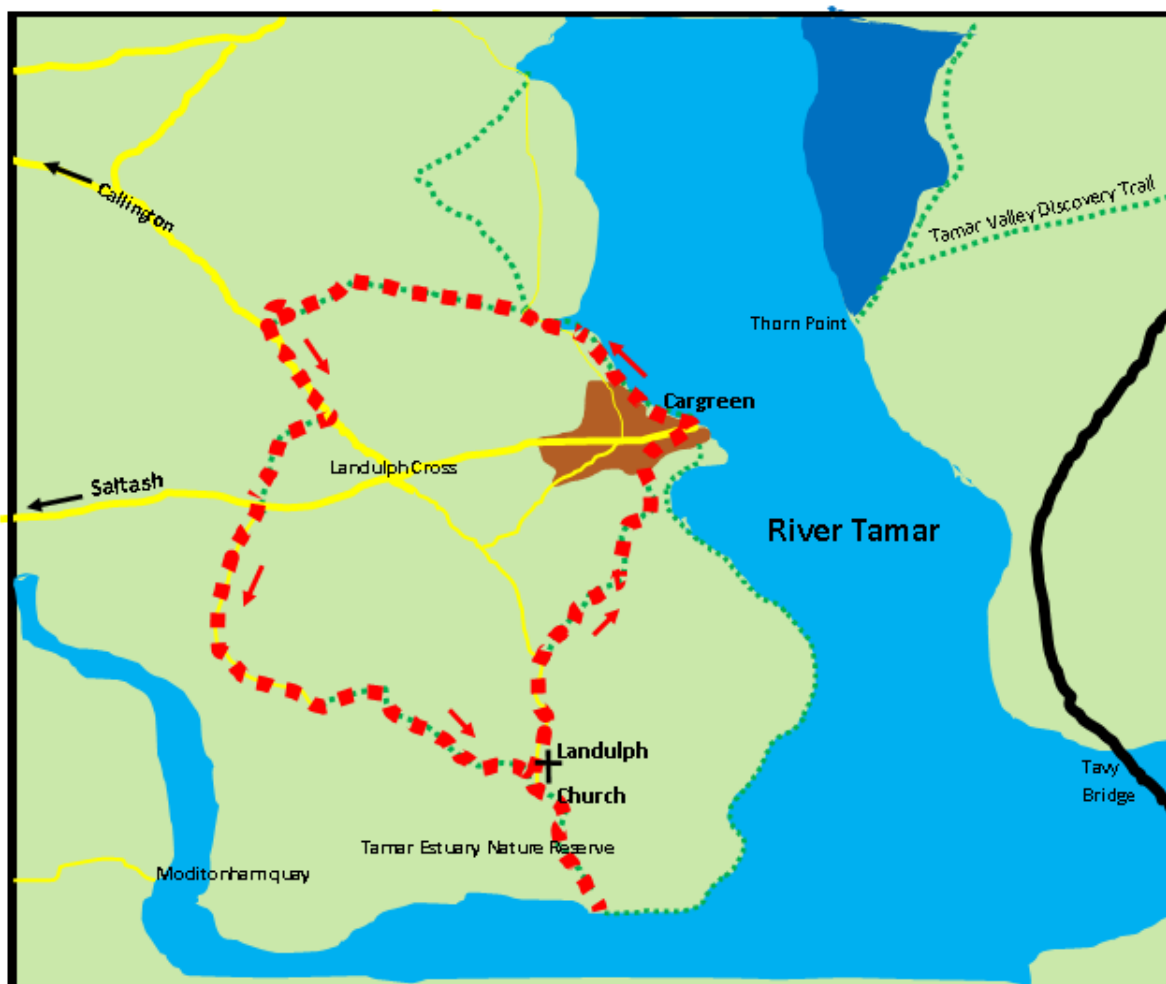
Walking the Lower Tamar Valley

Walk 1

Landulph and Cargreen

The first walk is quite a short one at just 3.5 miles but it does introduce you straight away to the River Tamar as the first part of the walk is along the shoreline. From Landulph Church there is also a shoreline walk all the way back to Cargreen but not recommended as it is very muddy and very much depends on the tide and time of year. However do go on down to the shoreline as you will be overlooking the Tamar Estuary Nature Reserve so don't forget to take your binoculars if you want to do a spot of birdwatching on the way. You will start in Cargreen which is in the parish of Landulph. Landulph quay is not marked on any map but it is said that pilgrims departed from there to the shrine of St James Compostela in Santiago Spain in 1434 and in later years.

You will see from the pictures the walk is muddy but it was photographed in January following a wet week.



Drive to Cargreen and park where you can PL12 6PA and walk on down to the river where looking up river you will see this view.



From here turn left and walk across the private quay and then along the foreshore. If the tide is in and it is impossible to walk the foreshore turn around and walk back up Fore Street and turn right into Coombe Lane stay on the lane which becomes an unmade up gravel track.



If you have walked along the foreshore fork left by the yellow gas sign and stay on the path soon reaching some parked yachts that front onto Coombe Lane.



turn right when you reach Coombe lane



When the lane bends sharply right go left and then up some steps and through a wooden gate into a field. With the gate behind you fork left to go across 2 fields in a straight line passing through a wide gateway at the end of the first field.



At the far end of the second field go through the metal gate and walk along the field edge with the hedge on your left.



Go through the next gate and after about another 100m or so when you reach the road turn left



Walk on down the road for about 300m passing a house called St Anns on your left which is named after a holy well located in the field behind. Then a few meters past the entrance to a house called Grove which is on your right turn right through a gap in the hedge over a stile and across the field in front of you to another stile in the far right hand field corner.



Go over the stile and walk down the hedge line to a gate which you will find behind the buildings in front of you.

