

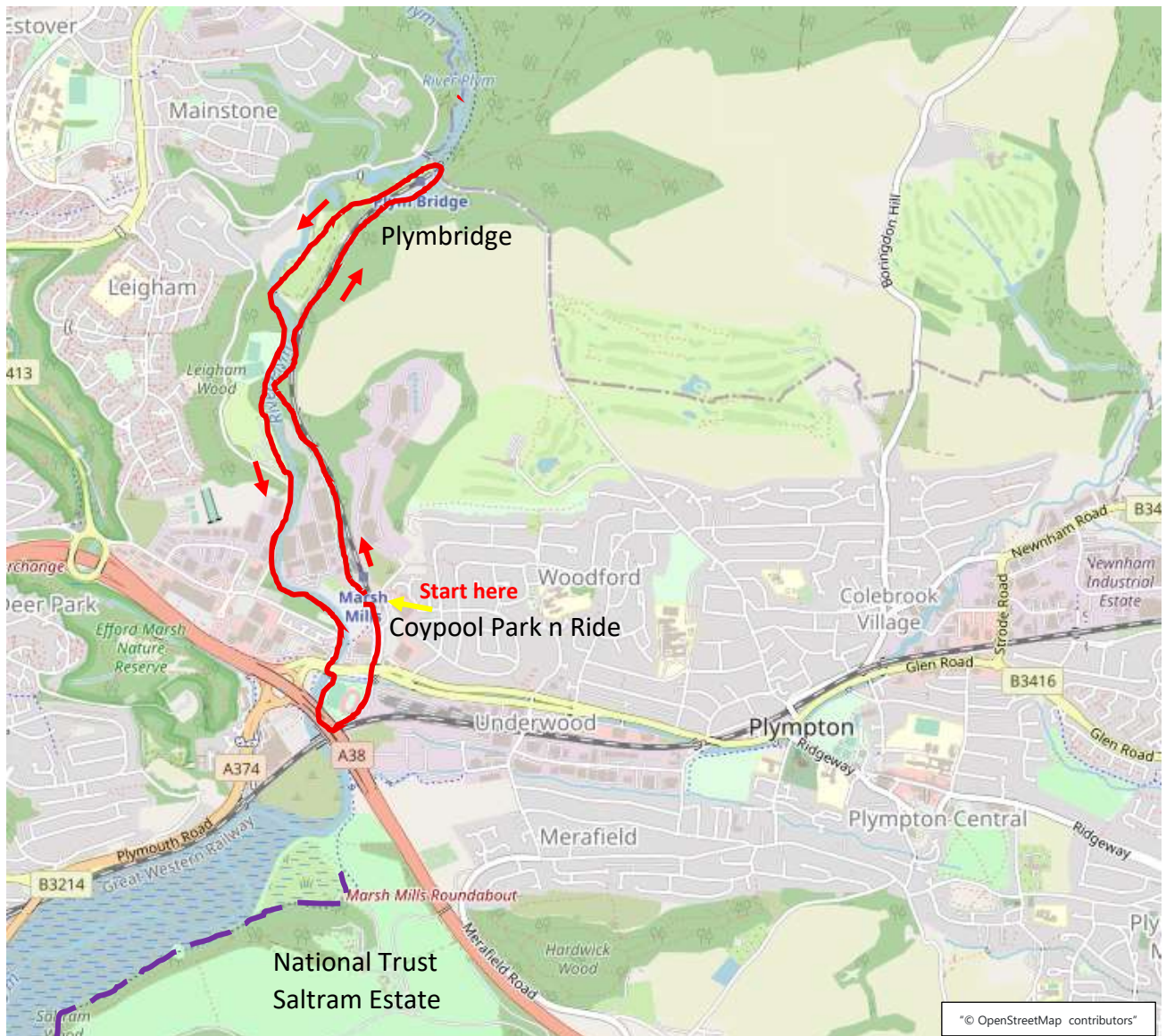
River Plym Sea to Source

Walk 2

The Sculpture Trail

Walk 2 starts at the Coypool Park and Ride car park where there are toilets bike hire and buses into Plymouth City Centre. The post code is PL7 4NY. The walk is about 3.3 miles but you could continue on Walk 3 for a 10 mile walk if you wish. You will closely follow the river Plym and may see some trains.

You will follow the river all the way up to Plymbridge by walking the Plym Valley Sculpture Trail then return along the banks of the river on its western side.





Setting off walk on out of the car park towards the trains and turn left.



In about 50m fork right to follow the Cycle track [route 27](#) all the way to Plymbridge and which overlooks the eastern bank of the river. This is called the Sculpture trail so keep a look out for them. Some are quite hidden.



On reaching the large car park at Plymbridge return to the start this time along the western bank of the river. Walk under the stone bridge.....



....and on the other side of the bridge turn left into a meadow managed by the National Trust and which should be called Dog Walkers Meadow as you will encounter lots of dogs out with their owners. Follow the well-defined path through the first meadow.



Bear right on reaching the second meadow. Soon you will reach a bridge over the river Plym. Go over it.



On the other side turn left and walk next to the river all the way through the wood. In the winter the path can be very muddy. *If you do find the woodland path impassable due to mud turn right on the other side of the bridge walk up to Leigham Manor Drive and turn left to walk down the road instead.*

Eventually you will pass between some Park Homes on your right and the river on your left and emerge on Leigham Manor Drive. Keep going still with the river on your left.



When Leigham Manor Drive bears right keep left still following the river.



On reaching the next road bear left but keep on the right-hand side of the road where there is a pavement. Walk on up to a pedestrian crossing, cross over the dual carriageway and turn left.



Go over the River Plym and turn right to walk down a path towards the flyover with the river now on your right. Go under the first carriageway of the flyover



Admire the concrete art some may call it graffiti.



Then bear left to go back under the first carriageway above you .



Go past the entrance to Plymouth Speedway and then straight across the road and under a stone bridge.Keep going along this path.



When you meet the next road you will see the Park and Ride carpark in front of you.



The next walk is from Plymbridge