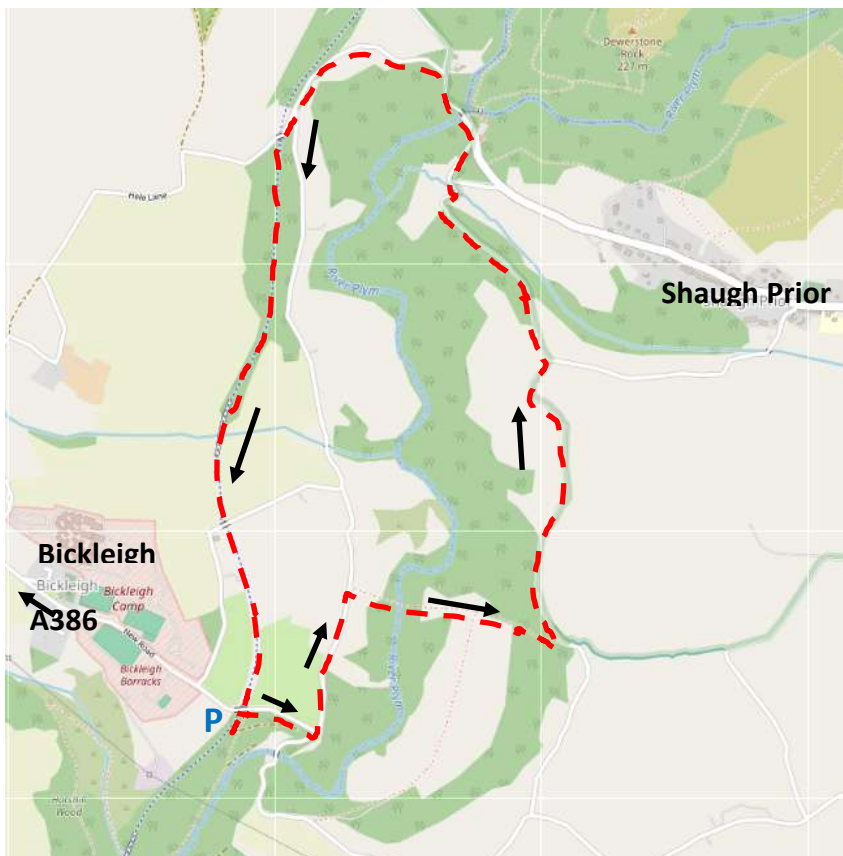


The River Plym from Sea to Source

Walk 4

Bickleigh vale



This 4 mile walk takes you from Bickleigh railway bridge to Shaugh bridge where the river Meavy flows into the Plym. A most picturesque spot popular with visitors and will be the start of Walk 5.

The walk starts at Bickleigh railway bridge where Walk 3 ended. To get there by car the easiest way is by driving through Bickleigh village past the Royal Marines camp on your left and down the hill to the bridge.



Park on Bickleigh Railway Bridge and carry on walking down hill and turn left at the T junction



In about a quarter of a mile turn right at the footpath sign. Stay on this footpath for another quarter of a mile passing over the river Plym and keeping the pheasants pens on your left.



Ignoring the footpath on your right. Go over a little bridge through the gate and up the hill.



The uphill path you are on meets a woodland track . Here turn sharply left and in 10m turn sharply right to continue going up hill.



At the top of the hill you will step out on a narrow lane. Here turn left and keep turning left at each road junction until you reach Shaugh Bridge about 1 mile away.



Go over the bridge and stay on the road which does take a bit of



Take the second right turn



Then turn right through the gate onto the old railway track. Turn left and walk along the platform and under the bridge and keep going along the cycle track to walk back to your car which is parked on the third bridge. To reach it take the path that is on the other side of the bridge and angles sharply back and up to the bridge.