

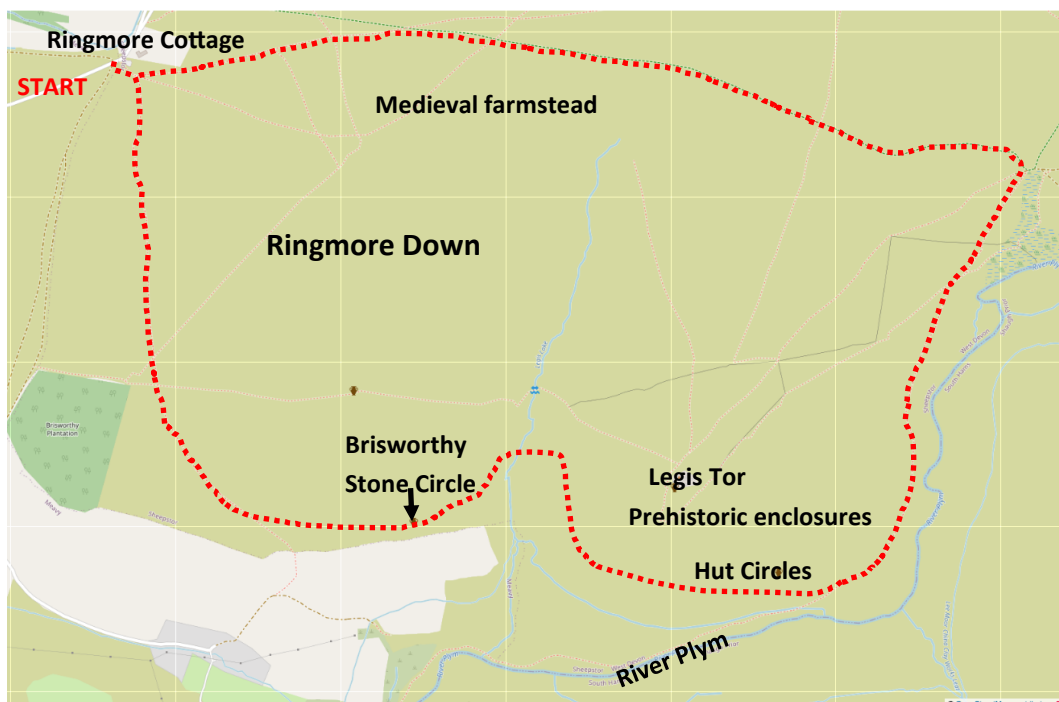
Walk 7

Prehistoric Plym



On this walk you will not be starting where walk 6 finished because the river now is entirely surrounded by open moor there are no roads or bridges. What you will see now are prehistoric enclosures and the remains of dwellings called hut circles. You will walk past Brisworthy stone circle pictured above and through prehistoric enclosures.

To reach the start from Cadover bridge drive towards Yelverton take the first right turn on the sharp bend drive for about a mile and turn right again. Drive along this road until you reach a small quarry car park by a cattle grid next to Ringmore Cottage which is surrounded by trees.





Walk up to and over the stile that is located behind the car park. Take the wide grassy path in front of you that bends right and goes up the gentle slope.

Keep going up hill ignoring any paths on your right or left



After a while Brisworthy Plantation comes into view.

Keep following the path that when it reaches the woodland bends away from it.





Keep following the wide path as it heads towards the clay pits in the far distance



Go through a patch of gorse and on the other side....



....walk on down to Brisworthy Stone Circle



Walk through the middle of the circle and out the other side



When the track splits left and right go left. You are aiming to go through the gate under the arrow but unless it's mid summer and hasn't rained for a week you wont be able to go straight to it.



Instead keep on this wide track and when a gate in a wall on your right aligns with the right hand side of Legis Tor go down the bank over the stream through the gate and up the bank.



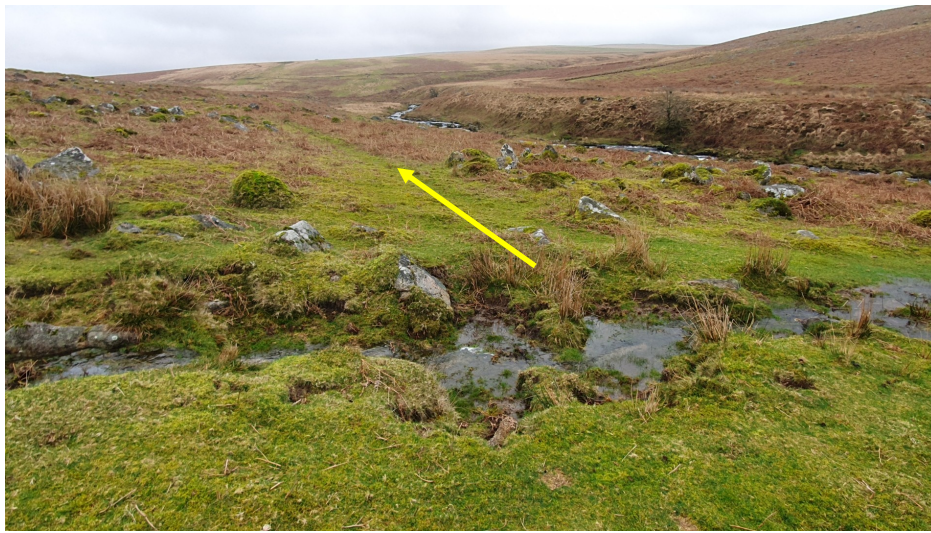
When the ground levels out on top of the bank keep going towards Legis tor for about 30m then turn right and head towards the trees of Trowlesworthy farm in the far distance.



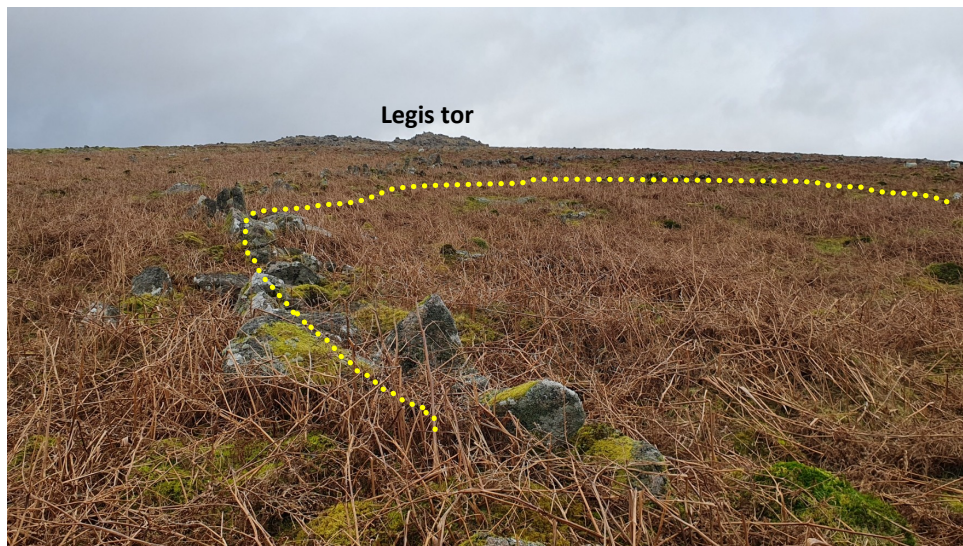
When a fence line comes in to view head towards the gate which is down hill a bit on your right.



Climb over the locked gate (Not sure why it's locked as it is all open access land) and then take the well used sheep track that heads off towards Trowlesworthy tor on the horizon. Stay on the sheep track at all times walking towards the tor.



When the Tor disappears from view stay on the track to walk above and parallel with the river Plym on your right passing over the occasional water course.....



...and passing by a prehistoric enclosure on your left



Ignore the gate on the horizon and keep right towards the trees of Ditsworthy Warren farm house



You will reach a wide track leading towards the farm house. Here turn left. If you want to visit the farm now is the time but come back here.



Look up the hill and take the right fork not the more pronounced left fork track. They both end up at the same fence line but left is much shorter.



Walk on up the hill where at the top you will meet a fence.



When you reach the fence turn right and walk on up to the footpath finger post.



Go through the gate ..



...and set off back to your car.



On your way you will pass by on your left the site of a medieval farm



When the track splits veer left towards the trees



The car park is on the left hand side of the trees.

The next and final walk in this series will take you to Ditsworthy Warren farmhouse Eyesbarrow tin mine and the source of the Plym.